

## WORK / COMP HISTORY

Patient \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex \_\_\_\_\_ S/S # \_\_\_\_\_

Name of Compensation Carrier: \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address of Carrier: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employer's Name: \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Employer's Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

1. Type of Business \_\_\_\_\_ Your Occupation \_\_\_\_\_

2. Date Injured \_\_\_\_\_ Hour \_\_\_\_\_ AM / PM Last Date Worked \_\_\_\_\_ Are you off work? ( ) Yes ( ) No

3. Previous Workers' Compensation Injury? ( ) Yes ( ) No

4. Accident reported to employer? ( ) Yes ( ) No Name of person reported accident to \_\_\_\_\_

5. Injured at: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

6. Length of time worked there prior to accident: \_\_\_\_\_

7. Type of work being done at time of injury: \_\_\_\_\_

8. In your own words, please describe accident: \_\_\_\_\_

9. Have you been treated by another doctor for this accident? ( ) Yes ( ) No

If yes, please list doctor's name and address: \_\_\_\_\_

What type of treatment did you receive? \_\_\_\_\_

How long were you treated by this doctor? \_\_\_\_\_

10. Are you: ( ) improved ( ) unchanged ( ) getting worse

11. What types of medicines are you taking? \_\_\_\_\_

Do these medicines help? ( ) Yes ( ) No ( ) Don't know

12. Have you had physical therapy? ( ) Yes ( ) No If yes, how often?

( ) Daily ( ) Every other day ( ) Several times a week ( ) Weekly ( ) Every other week

( ) Monthly ( ) Other \_\_\_\_\_

Does the physical therapy help? ( ) Yes ( ) No ( ) Don't know

13. Prior to this accident, have you ever had any of the physical complaints similar to what you have now?

( ) Yes ( ) No ( ) Don't know

If yes, describe: \_\_\_\_\_

Were these similar complaints the results of a previous accident(s)? ( ) Yes ( ) No

Please provide details of accident(s): \_\_\_\_\_

| 3. On the job, I lift: | NOT AT ALL | OCCASIONALLY | FREQUENTLY | CONTINUOUSLY |
|------------------------|------------|--------------|------------|--------------|
| Up to 10 pounds        | ( )        | ( )          | ( )        | ( )          |
| 11 to 24 pounds        | ( )        | ( )          | ( )        | ( )          |
| 25 to 34 pounds        | ( )        | ( )          | ( )        | ( )          |
| 35 to 50 pounds        | ( )        | ( )          | ( )        | ( )          |
| 51 to 74 pounds        | ( )        | ( )          | ( )        | ( )          |
| 75 to 100 pounds       | ( )        | ( )          | ( )        | ( )          |

4. Do you have to bend over while doing any lifting? ( ) Yes ( ) No

5. Are your feet used for repetitive movements, such as in operating foot controls? ( ) Yes ( ) No

6. Do you use your hands for repetitive actions, such as:

|            | SIMPLE GRASPING |        | FIRM GRASPING |        | FINE MANIPULATING |        |
|------------|-----------------|--------|---------------|--------|-------------------|--------|
| Right hand | ( ) Yes         | ( ) No | ( ) Yes       | ( ) No | ( ) Yes           | ( ) No |
| Left hand  | ( ) Yes         | ( ) No | ( ) Yes       | ( ) No | ( ) Yes           | ( ) No |

7. Are you required to work on unprotected heights? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

8. Are you required to be around moving machinery? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

9. Are you exposed to marked changes in temperature and humidity? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

10. Are you required to drive automotive equipment? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

11. Are you exposed to dust, fumes and/or gases? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

12. Please list any additional comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

14. Have you had any other serious accidents which required medical care? ( )Yes ( )No

Describe: \_\_\_\_\_

15. Have you had any serious illnesses that required hospitalization? ( )Yes ( )No

Describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

16. Have you had any surgeries? ( )Yes ( )No

If yes, list type of surgery and date: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

17. Have you had any nervous or mental illnesses? ( )Yes ( )No

Have you had psychiatric care? ( )Yes ( )No

18. Have you received a medical discharge from the Armed Forces? ( )Yes ( )No

19. Have you returned to work since this accident? ( )Yes ( )No

If you have returned to work since your accident, please fill out the information below:

| DATE | EMPLOYER | OCCUPATION | LIGHT DUTY<br>REG. DUTY | FULL-TIME<br>PART-TIME |
|------|----------|------------|-------------------------|------------------------|
|      |          |            |                         |                        |
|      |          |            |                         |                        |
|      |          |            |                         |                        |
|      |          |            |                         |                        |

### CURRENT MEDICAL COMPLAINTS

#### BACK PAIN:

1. Currently, I have pain in my: ( ) low back ( ) mid back ( ) upper back
2. My pain began: ( ) gradually ( ) suddenly
3. I have pain: ( ) sometimes ( ) all of the time
4. My pain goes into my: ( ) right leg ( ) left leg ( ) both
5. I have tingling and/or numbness in my: ( ) right leg ( ) left leg ( ) both
6. My pain is worse when I:
 

|                 |         |        |
|-----------------|---------|--------|
| cough or sneeze | ( ) Yes | ( ) No |
| sit             | ( ) Yes | ( ) No |
| bend            | ( ) Yes | ( ) No |
| walk            | ( ) Yes | ( ) No |
| lift            | ( ) Yes | ( ) No |
| push            | ( ) Yes | ( ) No |
| pull            | ( ) Yes | ( ) No |
7. My back is worse with sexual activity ( ) Yes ( ) No
8. My pain wakes me up during the night ( ) Yes ( ) No
9. Changes in the weather affect my pain ( ) Yes ( ) No

**NECK PAIN:**

- 1. My neck pain began:                           ( ) gradually   ( ) suddenly
- 2. I have pain:                                   ( ) sometimes   ( ) all of the time
- 3. My pain goes into my:                       ( ) right arm   ( ) left arm   ( ) both
- 4. I have tingling and/or numbness in my:   ( ) right arm   ( ) left arm   ( ) both
- 5. My pain is worse when I:
  - cough or sneeze                               ( ) Yes           ( ) No
  - bend forward                                   ( ) Yes           ( ) No
  - lift   ( ) Yes           ( ) No
  - push   ( ) Yes           ( ) No
  - pull    ( ) Yes           ( ) No
  - turn my head                                   ( ) Yes           ( ) No
- 6. My pain wakes me up during the night   ( ) Yes           ( ) No
- 7. Changes in the weather affect my pain   ( ) Yes           ( ) No
- 8. I have neck stiffness                      ( ) Yes           ( ) No
- 9. I have headaches                           ( ) Yes           ( ) No
- 10. If I do get headaches, they occur:      ( ) sometimes   ( ) all of the time

**OTHER PAIN:**

Please describe any current medical complaints which you are experiencing and were not previously covered on this questionnaire, or list any additional comments you wish to make regarding your condition:

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**JOB DESCRIPTION:**

(In terms of an 8-hour workday, "occasionally" means 33%, "frequently" means 34% to 66%, and "continuously" means 67% to 100% of the day).

1. In a typical 8-hour workday, I: (Circle # of hours / activity)

|        |   |   |   |   |   |   |   |   |       |
|--------|---|---|---|---|---|---|---|---|-------|
| Sit:   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | hours |
| Stand: | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | hours |
| Walk:  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | hours |

2. On the job, I perform the following activities:

|                            | NOT AT ALL | OCCASIONALLY | FREQUENTLY | CONTINUOUSLY |
|----------------------------|------------|--------------|------------|--------------|
| Bend / stoop               | ( )        | ( )          | ( )        | ( )          |
| Squat                      | ( )        | ( )          | ( )        | ( )          |
| Crawl                      | ( )        | ( )          | ( )        | ( )          |
| Climb                      | ( )        | ( )          | ( )        | ( )          |
| Reach above shoulder level | ( )        | ( )          | ( )        | ( )          |
| Crouch                     | ( )        | ( )          | ( )        | ( )          |
| Kneel                      | ( )        | ( )          | ( )        | ( )          |
| Balancing                  | ( )        | ( )          | ( )        | ( )          |
| Pushing / Pulling          | ( )        | ( )          | ( )        | ( )          |